

**Group:** \_\_\_\_\_

**Coach:** \_\_\_\_\_

**Day/Time of Class:** \_\_\_\_\_

**C.I.T:** \_\_\_\_\_

**Coach Evaluation:**

**Recreational Coordinator Evaluation:**

**Warm-Up:**

**Time:** \_\_\_\_\_

**Main Part (backside of page)**

**Cool-Down:**

**Time:** \_\_\_\_\_

**Parent Communication:**

**Main Part (Stations, Circuits, Activities, etc.):**

**Total Time:** \_\_\_\_\_

**Rotation 1:** \_\_\_\_\_ **Focus:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Week :**

**Week :**

**Week :**

**Week :**

**Rotation 2:** \_\_\_\_\_ **Focus:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Week :**

**Week :**

**Week :**

**Week :**

**Rotation 3:** \_\_\_\_\_ **Focus:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Week :**

**Week :**

**Week :**

**Week :**

**Rotation 4:** \_\_\_\_\_ **Focus:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Week :**

**Week :**

**Week :**

**Week :**

**Rotation 5:** \_\_\_\_\_ **Focus:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Week :**

**Week :**

**Week :**

**Week :**

**Rotation 6:** \_\_\_\_\_ **Focus:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Week :**

**Week :**

**Week :**

**Week :**