Winter Term 2027

November 30, 2026 - March 13, 2027

Winter Term at a Glance

Mondays	Nov 30 - Mar 8	(12 Weeks)
Tuesdays	Dec 1 - Mar 9	(13 Weeks)
Wednesdays	Dec 2 - Mar 10	(13 Weeks)
Thursdays	Dec 3 - Mar 11	(12 Weeks)
Fridays	Dec 4 - Mar 12	(11 Weeks)
Saturdays	Dec 5 - Mar 13	(11 Weeks)



Miss 1 Class = Get 1 FREE Make-Up Class!
We know schedules can be busy! For every class missed, receive one FREE make-up class to use during the same term.

No Classes: Dec 10–13: Hosting WAG Meet • Dec 21–Jan 3: Winter Break • Jan 29–30: Hosting TG Meet • Feb 15: Family Day

An annual $45 Gymnastics Ontario registration fee is required for all students and is valid from July 1 to June 30. This fee is charged once per season and added to your student's first registration.

Playtime Programs

Playtime is an unstructured program where participants explore our gymnastics facility at their own pace. Parents/guardians guide their children through themed gymnastics circuits, while a coach is available to provide support and encouragement. Up to two parents/guardians per family are permitted on the floor. All visits must be pre-booked through the Jackrabbit Parent Portal.

Toddler Playtime (Ages Walking - 4)

Wednesday at 10:45AM-11:45AM	$8/visit
Friday at 10:45AM-11:45AM	$8/visit

Homeschool Playtime (Ages 4 - 14)

Friday at 12:00PM-1:00PM	$8/visit

Adaptive Playtime (All Ages)

Friday at 1:15PM-2:15PM	$8/visit

Family Playtime (Ages Walking - 12)

Saturday at 4:00PM-5:00PM	$11/visit



14 Harder Drive, Belleville
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QUINTE BAY GYMNASTICS

Active Start Program

Parented Classes - 45 min. / class / week

Our parented classes are coach-led, with our experienced coaches demonstrating the circuits and encouraging growth and exploration in a safe environment. Parents or guardians are expected to actively participate in the class, providing physical support to their child throughout the circuits and helping them master new skills. Your presence ensures your child's safety, as you stay within arm's reach at all times. Through play and movement, your child will develop fundamental movement skills and learn how to link them together. Our developmentally appropriate activities are designed to help participants feel competent and comfortable as they explore the world of gymnastics.

Artistic Ages Walking - 2

Monday at 4:00PM-4:45PM	$162.00
Monday at 5:50PM-6:35PM	$162.00
Monday at 6:20PM-7:05PM	$162.00
Tuesday at 5:25PM-6:10PM	$175.50
Wednesday at 4:00PM-4:45PM	$175.50
Wednesday at 5:55PM-6:40PM	$175.50
Thursday at 4:15PM-5:00PM	$162.00
Thursday at 6:15PM-7:00PM	$162.00
Friday at 4:00PM-4:45PM	$148.50
Friday at 5:40PM-6:25PM	$148.50
Saturday at 8:50AM-9:35AM	$148.50
Saturday at 9:30AM-10:15AM	$148.50
Saturday at 12:15PM-1:00PM	$148.50

Artistic Ages 3-4

Monday at 4:15PM-5:00PM	$162.00
Monday at 4:55PM-5:40PM	$162.00
Monday at 6:45PM-7:30PM	$162.00
Tuesday at 6:20PM-7:05PM	$175.50
Tuesday at 7:15PM-8:00PM	$175.50
Wednesday at 9:45AM-10:30AM	$175.50
Wednesday at 4:55PM-5:40PM	$175.50
Wednesday at 6:50PM-7:35PM	$175.50
Thursday at 5:15PM-6:00PM	$162.00
Friday at 4:10PM-4:55PM	$148.50
Friday at 4:55PM-5:40PM	$148.50
Saturday at 8:30AM-9:15AM	$148.50
Saturday at 10:25AM-11:10AM	$148.50
Saturday at 11:25AM-12:10PM	$148.50
Saturday at 1:35PM-2:20PM	$148.50



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QUINTE BAY GYMNASTICS

Recreational Artistic Program

Recreational Artistic Classes - 45-60 min. / class / week

Our recreational artistic classes offer a wide variety of equipment, including the vault, bars, beam, floor, pit, trampoline, and tumble track, allowing students to develop their fundamental gymnastics skills while having fun in a supportive and encouraging environment. Whether your child is a beginner or has some experience in gymnastics, this program is open to students of all skill levels. Our experienced coaches will work with each student to help them progress at their own pace and reach their full potential, working through our levelling system.

Artistic Age 4

Tuesday at 4:30PM-5:15PM	$175.50
Tuesday at 5:55PM-6:40PM	$175.50
Tuesday at 6:35PM-7:20PM	$175.50
Wednesday at 12:00PM-1:00PM	$234.00
Wednesday at 4:15PM-5:00PM	$175.50
Wednesday at 5:25PM-6:10PM	$175.50
Wednesday at 6:20PM-7:05PM	$175.50
Thursday at 5:15PM-6:00PM	$162.00
Thursday at 6:25PM-7:10PM	$162.00
Thursday at 6:35PM-7:20PM	$162.00
Friday at 4:10PM-4:55PM	$148.50
Friday at 6:35PM-7:20PM	$148.50
Saturday at 9:55AM-10:40AM	$148.50
Saturday at 11:05AM-11:50AM	$148.50
Saturday at 12:35PM-1:20PM	$148.50
Saturday at 2:45PM-3:30PM	$148.50



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QUINTE BAY GYMNASTICS

Recreational Artistic Program

Artistic Ages 5-6

Monday at 4:00PM-5:00PM	$216.00
Monday at 4:15PM-5:15PM	$216.00
Monday at 5:10PM-6:10PM	$216.00
Monday at 6:20PM-7:20PM	$216.00
Monday at 6:35PM-7:35PM	$216.00
Monday at 7:15PM-8:15PM	$216.00
Tuesday at 4:15PM-5:15PM	$234.00
Tuesday at 4:20PM-5:20PM	$234.00
Tuesday at 5:25PM-6:25PM	$234.00
Tuesday at 5:30PM-6:30PM	$234.00
Tuesday at 6:40PM-7:40PM	$234.00
Tuesday at 6:50PM-7:50PM	$234.00
Wednesday at 12:00PM-1:00PM	$234.00
Wednesday at 4:15PM-5:15PM	$234.00
Wednesday at 5:10PM-6:10PM	$234.00
Wednesday at 6:20PM-7:20PM	$234.00
Wednesday at 7:15PM-8:15PM	$234.00
Thursday at 4:00PM-5:00PM	$216.00
Thursday at 4:15PM-5:15PM	$216.00
Thursday at 5:10PM-6:10PM	$216.00
Thursday at 5:25PM-6:25PM	$216.00
Thursday at 7:20PM-8:20PM	$216.00

Artistic Ages 5-6

Friday at 4:15PM-5:15PM	$198.00
Friday at 4:30PM-5:30PM	$198.00
Friday at 5:05PM-6:05PM	$198.00
Friday at 5:25PM-6:25PM	$198.00
Friday at 6:35PM-7:35PM	$198.00
Friday at 7:00PM-8:00PM	$198.00
Saturday at 8:35AM-9:35AM	$198.00
Saturday at 9:45AM-10:45AM	$198.00
Saturday at 9:55AM-10:55AM	$198.00
Saturday at 10:55AM-11:55AM	$198.00
Saturday at 11:05AM-12:05PM	$198.00
Saturday at 12:05PM-1:05PM	$198.00
Saturday at 12:05PM-1:05PM *	$198.00
Saturday at 1:30PM-2:30PM	$198.00
Saturday at 1:35PM-2:35PM	$198.00
Saturday at 2:30PM-3:30PM	$198.00



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QUINTE BAY GYMNASTICS

Recreational Artistic Program

Artistic Ages 7-8

Monday at 5:10PM-6:10PM	$216.00
Monday at 5:25PM-6:25PM	$216.00
Monday at 6:55PM-7:55PM	$216.00
Tuesday at 5:10PM-6:10PM	$234.00
Tuesday at 6:20PM-7:20PM	$234.00
Tuesday at 7:30PM-8:30PM	$234.00
Wednesday at 1:00PM-2:00PM	$234.00
Wednesday at 4:00PM-5:00PM	$234.00
Wednesday at 5:10PM-6:10PM	$234.00
Wednesday at 6:20PM-7:20PM	$234.00
Wednesday at 7:30PM-8:30PM	$234.00
Thursday at 6:15PM-7:15PM	$216.00
Thursday at 7:30PM-8:30PM	$216.00
Friday at 5:50PM-6:50PM	$198.00
Friday at 7:30PM-8:30PM	$198.00
Saturday at 9:00AM-10:00AM	$198.00
Saturday at 10:55AM-11:55AM	$198.00
Saturday at 12:35PM-1:35PM	$198.00
Saturday at 1:35PM-2:35PM	$198.00

Artistic Ages 9-10

Monday at 4:00PM-5:00PM	$216.00
Monday at 7:30PM-8:30PM	$216.00
Tuesday at 4:00PM-5:00PM	$234.00
Tuesday at 7:30PM-8:30PM	$234.00
Wednesday at 1:00PM-2:00PM	$234.00
Wednesday at 7:30PM-8:30PM	$234.00
Thursday at 4:05PM-5:05PM	$216.00
Thursday at 7:45PM-8:45PM	$216.00
Friday at 5:20PM-6:20PM	$198.00
Friday at 6:30PM-7:30PM	$198.00
Saturday at 8:45AM-9:45AM	$198.00
Saturday at 2:40PM-3:40PM	$198.00

Artistic Ages 11+

Monday at 7:30PM-8:30PM	$216.00
Wednesday at 4:00PM-5:00PM	$234.00
Thursday at 5:20PM-6:20PM	$216.00
Thursday at 7:15PM-8:15PM	$216.00
Friday at 4:10PM-5:10PM	$198.00
Friday at 7:40PM-8:40PM	$198.00
Saturday at 11:20AM-12:20PM	$198.00



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QUINTE BAY GYMNASTICS

Advanced Artistic Program

Advanced Artistic Classes - 75 min. - 150 min. / class / week

Our advanced artistic program offers a more challenging and dynamic environment where athletes will have the opportunity to further develop their skills utilizing the competitive equipment, learning new techniques, and pushing themselves to new heights, while having fun in a supportive and encouraging environment. Our experienced coaches will work with each student to help them progress through our levelling system and strive to reach their goals.

Advanced Artistic Ages 5-6

Monday at 4:00PM-5:15PM	$270.00
Tuesday at 4:30PM-5:45PM	$292.50
Wednesday at 4:15PM-5:30PM	$292.50
Friday at 6:55PM-8:10PM	$247.50
Saturday at 8:30AM-9:45AM	$247.50
Saturday at 10:50AM-12:05PM	$247.50

To be eligible to register into the advanced program, your child must be tested, pre-approved or have passed:

- Artistic Ages 5-6 Level 4
- Artistic Ages 7-9 Level 6 or Tumbling Level 8
- Artistic Ages 10+ Level 8 or Tumbling Level 10

Advanced Artistic Ages 7-9

Thursday 4:00-5:15PM & Saturday 8:45-10:00AM	$517.50
★ Monday at 5:30PM-8:00PM	$540.00
Wednesday at 5:45PM-8:15PM	$585.00
★ Friday at 5:10PM-7:40PM	$495.00
★ Saturday at 10:15AM-12:45PM	$495.00

2 Options for Advanced Ages 7-9

- 1.25 hrs, twice a week
- 2.5 hrs, once a week



Advanced Artistic Ages 8-10

Friday at 4:15PM-6:45PM	$495.00

Advanced Artistic Ages 10+

Friday at 6:15PM-8:45PM	$495.00
★ Saturday at 1:15PM-3:45PM	$495.00

NEW **Performance Groups for Advanced**

★ Intro to competitive gymnastics with routines at 3 beginner meets in spring 2027. Athletes stay enrolled in the group through June. Additional meet fees of $150/meet apply.



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QUINTE BAY GYMNASTICS

Recreational Tumbling Program

Recreational Tumbling Classes - 60 min. / class / week

Our recreational tumbling classes are designed to introduce students to the sport of power tumbling with a focus on cartwheels, handstands, round-offs, and handsprings. Students will rotate to the rod floor, trampoline, tumble track and pit.

Tumbling Ages 7-9

Monday at 4:35PM-5:35PM	$216.00
Monday at 5:45PM-6:45PM	$216.00
Tuesday at 4:00PM-5:00PM	$234.00
Wednesday at 5:15PM-6:15PM	$234.00
Friday at 4:10PM-5:10PM	$198.00
Saturday at 8:45AM-9:45AM	$198.00
Saturday at 12:25PM-1:25PM	$198.00

Tumbling Ages 10+

Monday at 6:20PM-7:20PM	$216.00
Tuesday at 7:30PM-8:30PM	$234.00
Friday at 6:30PM-7:30PM	$198.00
Saturday at 9:55AM-10:55AM	$198.00

Tumbling for Cheer & Dance Ages 8+

Monday at 5:10PM-6:10PM	$216.00
Wednesday at 6:10PM-7:10PM	$234.00

Advanced Tumbling Program

Advanced Tumbling Classes - 60 min.- 90 min. / class / week

Our advanced tumbling program offers a more challenging and dynamic environment where athletes will have the opportunity to further develop their skills, learning new techniques, and pushing themselves to new heights, while having fun in a supportive and encouraging environment. Our experienced coaches will work with each student to help them progress through our levelling system and strive to reach their goals.

Advanced Tumbling Ages 5-7

Tuesday at 5:10PM-6:10PM	$234.00
Thursday at 4:35PM-5:35PM	$216.00

Advanced Tumbling Ages 8-10

Tuesday at 6:20PM-7:20PM	$234.00
Thursday at 6:35PM-7:35PM	$216.00

Advanced Tumbling Ages 11+

Wednesday at 7:20PM-8:50PM	$351.00

To be eligible to register into the advanced program, your child must be tested, pre-approved or have passed:

- Tumbling Ages 5-7 Level 3 or Artistic Level 4
- Tumbling Ages 8-10 Level 5 or Artistic Level 7
- Tumbling Ages 11+ Level 7 or Artistic Level 10

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QUINTE BAY GYMNASTICS

Recreational & Advanced Trampoline Program

Recreational Trampoline Classes - 60 min. / class / week

Our recreational and advanced trampoline programs focus on building trampoline skills starting at beginner levels, building on developing into more difficult skills, progressing to combining skills and executing full routines.

Recreational Trampoline Ages 9+

Tuesday at 7:50PM-8:50PM	$234.00
Wednesday at 6:25PM-7:25PM	$234.00
Friday at 5:20PM-6:20PM	$198.00
Friday at 7:40PM-8:40PM	$198.00
Saturday at 10:10AM-11:10AM	$198.00
Saturday at 2:40PM-3:40PM	$198.00



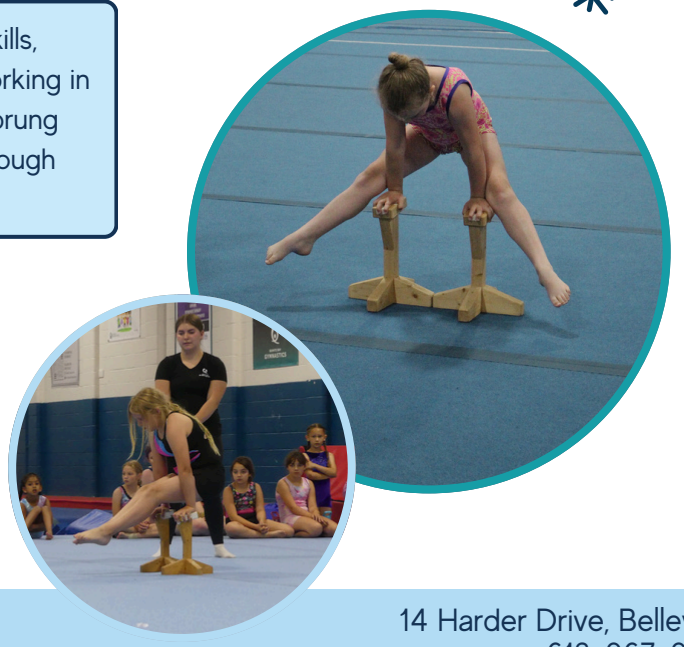
Acrobatic Gymnastics Program

Acrobatic Gymnastics Classes - 60 min. / class / week

Our acrobatic classes focus on building on beginner gymnastics skills, handstands, cartwheels and progressing to more dynamic skills working in duos and trios with an added dance element. Classes utilize the sprung floor, trampolines, and pegs during each class all while working through our levelling system.

Acro Gymnastics Ages 8+

Thursday at 7:25PM-8:25PM	$216.00
Saturday at 9:45AM-10:45AM	$198.00



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QUINTE BAY GYMNASTICS

High School & Adult Gymnastics Programs

These programs are co-ed. Whether you have never stepped foot in a gym or you know which skills you would like to learn or work on the coach will be there to assist you along the way. You will rotate around the gym using vault, bars, beam, floor, trampoline, tumble track, and more! This program is designed to meet the goals of everyone regardless of age, fitness level, or experience.

High School Gymnastics Program

Ages 13-17 - 60 min. / class / visit

Wednesday at 8:00PM-9:00PM	$10/visit



Adult Gymnastics Program

Ages 18+ - 90 min. / class / visit

Thursday at 7:30PM-9:00PM	$15/visit



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